

TEA-TREE

Melaleuca alternifolia

Aromatic molecules : terpineol 1,4, α -terpinene

Distilled organ : leaf

Tea tree is an essential oil that no longer needs to prove itself ! It is found in a very large number of washing (soap, shampoo, bath oil) and cosmetic products. In addition to these applications, it is rightly considered a reliable element of medical and family aromatherapy. Today, enormous demand for tea tree has led to the establishment of plantations that extend over thousands of hectares in Australia.

Traditionally known for its properties

powerful broad-spectrum antibacterial • fungicide • parasiticide • antiviral and immune stimulant • cutaneous protection during radiotherapy sessions.

Professional advice

- external: for all disorders, external application is ideal, often, 3 to 4 drops of CTEO massaged on the skin, repeated 3 times a day for 5 to 6 days, will be enough to stop the disease.
- internal: additionally, you can add 3 drops orally, on a carrier tablet, in honey, olive oil or on a lump of cane sugar under the tongue for 5 to 7 days.
- At home 1 drop of tea tree and 1 drop of lemon on your toothbrush before putting on the toothpaste, then brush your teeth. Impeccable hygiene and whiter teeth!

++++ Highly recommended - (!) Use with caution

Oral use	Use on skin	Air diffusion
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Useful information

not recommended in the first 3 months of pregnancy.

Traditional indications

- oral infections: aphthosis, stomatitis, abscess, gingivitis+++
- upper and lower respiratory tract viral or bacterial infections: sinusitis, rhinitis, otitis, laryngitis, pharyngitis, bronchitis ++
- urinary and gynaecological infections +++
- skin, nail and sublingual fungal infections +++
- lymphatic oedema++
- varicose veins, heavy legs, haemorrhoids ++
- prevention of skin burns from radiotherapy ++++
- skin (scabies, ringworm, etc) or intestinal (lamblia, ascaris, etc) parasitosis +++

Special precautions

- keep out of reach of young children
- does not replace a balanced diet and a healthy lifestyle
- do not exceed the recommended dose
- unless medical or pharmaceutical advice, not to use during the pregnancy and breast feeding and in the child of less than 3 years
- keep out of heat and light

PRANARŌM 
aromatherapy

Aromatherapy and information about it should never be used to replace a doctor's visit.